



## **Action Learning Facilitator (ALF)**

## **Course Overview**

The course is practical and experiential and offers participants structured opportunities to develop and practice their facilitation skills and get in-depth feedback from their peers. Participants learn from the course facilitator as well as learning with and from each other. The Action Learning methodology can be applied to many work-based situations such as individual, team, and organisational problem solving; individual projects; managing difficult situations; and change.

## Who should attend?

This course is appropriate for participants who wish to learn an alternative method of problem solving, and who wish to develop their facilitation skills The course is open to participants of all levels and backgrounds.

## **Topics covered**

By the end of the programme, participants will be able to:

 Describe the underlying theories and approach to action learning

- Describe the core methodology principles, good practice, ground rules
- Develop the core skills of active listening and insightful questioning
- Give and receive detailed feedback on their developing facilitation skills and their operating style
- Learn from others' styles
- Set up their own action learning programmes and form new action learning groups
- ➡ Have confidence in their facilitation skills core facilitation skills as well as action learning specific skills
- Cope with challenging group members
- **⇒** Facilitate alternative models of action learning
- Evaluate action learning programmes
- Prepare action learning groups for selffacilitation
- Understand how action learning can be applied throughout an organisation

Duration: 3 Days (24 hours in total, assuming an 8-hour day)

